Our Mission:

Congregations for the Homeless works to end homelessness in East King County, Washington by helping men to successfully make the transition from homelessness to permanent housing.

From homelessness to housing, one man at a time.
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From homelessness to housing, one man at a time.
Dear Friends,

Thank you for making 2014 another inspiring and meaningful year for CFH. This January, the 25th Annual One-Night-Count of the homeless in King County found that the number of people sleeping outside increased by 21%. As these numbers stay high, we are only more inspired by our mission to move men from homelessness to reestablished independence.

For CFH, 2014 was a time of growth and expansion as we explored ways to extend our services. The City of Bellevue and Sound Transit continued to provide us space for our Emergency Winter Shelter (EWS), which served record high numbers of men each night. Many of the men who stay in this shelter transfer to our Year-Round Shelter program before moving into housing and closer to independence. While it started as an emergency life-saving shelter, the EWS has become a real stepping-stone for men seeking to leave homelessness.

In 2014 alone, we provided nearly 50,000 bed nights, a record for CFH. Further, over 68 percent of the men who enter our Year-Round Shelter move to permanent housing—a number that is among the highest in the county. We also saw 30 men graduate from our subsidized housing to long-term independence, which is our goal for every man.

In addition, CFH opened its eighth shared-living house this year. These houses provide community and accountability, and we find that the men who live there have more success in achieving independence than those who live alone in apartments.

Finally, we are excited that our organization had the capacity to grow. We added an additional Case Management position, as well as an experienced IT Manager. We also created the Advancement Department to strengthen our fundraising efforts as State and King County funding continues to decline.

Thanks to all of you for your continued support and encouragement. We will continue to strive to make homelessness brief and one-time here on the Eastside.

Sincerely,

Steve Roberts

From homelessness to housing, one man at a time.
Our Programs at Work

“They put their trust in me and gave me an opportunity to build again. CFH has given me love, stability, comfort, honesty, and a chance to really thrive again and get my life back together.”
- 2014 Client

Congregations for the Homeless offers five key services, which work together to provide a path from life on the street to stable, independent living. Our services include:

⇒ Year-Round Shelter
⇒ Emergency Winter Shelter
⇒ Day Center
⇒ Subsidized Housing
⇒ Case Management
  - Mentoring
  - Employment Support

WINTER SHELTER
The Emergency Winter Shelter is a life-saving, low-barrier overnight shelter that opens in Mid-November and runs through the following Spring. Here, men can have a warm meal and a safe place to sleep, and CFH staff can connect the homeless to needed resources. Men who visit the Winter Shelter and are ready to commit to moving out of homelessness often enter into the Year-Round Shelter program.

YEAR-ROUND SHELTER
The Year-Round Shelter, which is housed in 12 Eastside churches on a monthly rotating basis, is for men who are addressing barriers and working toward employment and housing. The men in this shelter are provided with a safe, warm place to sleep, three meals a day, storage for their belongings, Case Management, medical and dental services, job assistance, training to prepare for housing, and much more.

From homelessness to housing, one man at a time.
“I used to think that it was important to go out, spend money, have a good time. But being homeless has taught me that what is important is planning for your future. CFH has given me the tools to do this—how to plan ahead, save money, work on character flaws, move forward.”

-2014 Client

**SUBSIDIZED HOUSING**

CFH provides permanent housing with time-limited subsidies to our shelter residents who qualify. We offer both apartments and shared rooms in 8 managed houses, with rents set at 30% of a man’s gross income.

Subsidized housing provides men with stability, a personal locked room or apartment, and a safe place to work toward independence.

**CASE MANAGEMENT**

Case Management is at the heart of CFH programming and is key to helping men make the transition from homelessness to independence. Our professional Case Managers provide:

- One-on-one assistance
- Encouragement in setting goals
- Life skills training
- Support for drug/alcohol treatment
- Job search assistance
- Budgeting and financial literacy education
- Connection to medical, dental, and mental health services
- Advocacy in obtaining necessary resources
- Preparation for stable housing

From homelessness to housing, one man at a time.
2014 Achievements

9,680  Bed Nights served at the Winter Shelter

475  Unduplicated men served at the Winter Shelter

14,122  Bed Nights served at the Year-round Shelter

136  Unduplicated men served at the Year-Round Shelter

22,640  Bed Nights served in CFH Subsidized Housing

103  Men in CFH Subsidized Housing

329  Unduplicated men served at the Day Center

62,251  Meals served at the Year-Round Shelter, Winter Shelter, & Day Center

30  Men who graduated to complete independence.

From homelessness to housing, one man at a time.
“On the streets, everything is gone. I think that’s the main issue with homelessness is you are transparent. People look through you. People don’t acknowledge you, most of them at least.” - Emilio

Emilio, like many people, lost everything in 2008, including his home. After spending six years as a restaurant manager on a cruise ship, Emilio returned to Seattle and found himself back at square one. For two years, Emilio explained, he lived in a tent city. “It kinds of breaks your heart to walk through these aisles, to see people living in these conditions, that I lived in as well.” Fortunately, Emilio learned about the CFH Emergency Winter Shelter where he stayed until he was able to enter the Year-Round Shelter program.

Looking back, Emilio attributes much of his success to his relationship with his case manager: “He helped me face things from the past that are painful, but you have to get those skeletons out of the closet to move forward.” Now, Emilio is a House Manager at one of CFH’s permanent houses, which requires him to take responsibility for the house and to create a sense of community for the men living there. He also works a full-time job with Nintendo.

When asked his hopes and dreams for the future, Emilio explained, “Coming out of homelessness, I guess my biggest challenge is just making peace with it. It’s not the end of the world. I just want to live a clean life and pay it forward. I’m just really thankful and looking for ways to express my thankfulness.”

“CFH gave me all the tools that I needed to move forward, to make progress.” - Emilio

From homelessness to housing, one man at a time.
Our Wonderful Volunteers

The work of CFH would not be possible without the support and hard work of a robust group of dedicated volunteers. Each day, community volunteers are engaged in everything from cooking meals for the men in our shelters to helping the men to gain employment.

Doug Wheeler and Frank Paterra are just two of the thousands of volunteers who so generously give of their time and talents.

“I enjoy the spirit of comradery and generosity at CFH.”

Doug Wheeler, a native of Kentucky, holds a PhD in the Integration of Religion in Society with an emphasis on Family Systems. A Licensed Mental Health Counselor for 25 years, Doug learned about CFH in July 2013 after meeting our Director of Case Management. He was intrigued by the mission and eager to lead a group. For several months in 2014, Doug led a process transformation group for the men in the CFH Year-Round Shelter on Fridays. He now meets with men one-on-one, hoping to have an even greater impact on the lives of CFH clients.

When he is not volunteering, Doug enjoys running, playing golf, listening to music, and spending time with his wife and sons.

“Volunteers empower and enable the chain of events that helps men to begin their walk from a time of need, homelessness, despair and desperation to one of hope and on to success.”

Frank Paterra and his family started volunteering with CFH a few years ago when they were looking for ways to give back to their community. After providing a few dinners to the EWS, they realized that breakfast is a huge need at the shelter. Soon, baking and delivering muffins to the shelter became a daily part of their lives. While Norizan does the baking, Frank, who delivers, is now known by the men as “The Muffin Man.”

When asked why he volunteers, Frank explained, “A meal or an evening of helping and listening is often what enables the first step of this walk. It is a rewarding and valuable use of your time to help these men on that walk.”

Thanks to the 3800 Volunteers who served CFH in 2014!

From homelessness to housing, one man at a time.
2014 Operating Statement

Revenue ($1.32 Million)*

- King County: 51%
- Eastside Cities: 22%
- United Way: 7%
- Foundations: 4%
- Congregations: 3%
- Federal: 1%
- Individuals: 4%
- Corporations: 1%
- Fundraising: 7%

Expense ($1.34 Million)*

- Housing/Shelter: 71%
- Operations: 10%
- Day Center: 7%
- Outreach: 2%
- Fundraising: 1%
- EWS: 9%

*Based on an unaudited statement for the year ending December 31, 2014.

From homelessness to housing, one man at a time.
From homelessness to housing, one man at a time.

Our Team

Staff

Steve Roberts, Executive Director

Annette Lawson, HR
Barrett Compton, Shelter Program Manager
Bob Beach, House Manager
Chad Mon Wai, Site Manager
Dan Buchanan, Case Manager
Dave Benishek, Case Manager
David Johns Bowling, Deputy Executive Director
Dwight Jackson, Deputy Director of Shelter Services
Emilio Guevara, House Manager
Gary Burns, House Manager
Henry Dellechiaie, Day Center Manager
Jerry Ringer, Property Manager
Joe Abrams, House Manager

Josh Terlouw, Case Manager
Karin Evensta, Office Manager
Katherine Jordan, Director of Advancement
Kerry Dirk, Advancement Associate
Kevin Burke, House Manager
Matt Landis, Case Manager
Oscar Rodriguez, House Manager
Robert Gidley, IT Specialist
Sally Moore, Accountant
Stacey Witte, Director of Case Management
Sterling Bentsen, Director of Housing
Tom Miles, Case/Site/House Manager

Board Members

Lucy Brand, Chair
Chuck Kimbrough, Vice Chair
Nadine Bentsen, Secretary
Pat McDermott, Treasurer
Bill Hallerman, Member

From homelessness to housing, one man at a time.
### Our Partners

**Congregations**

Each month, our Year-Round Shelter is generously housed by one of 12 Host Congregations. Supporting congregations organize volunteers and provide daily meals for the men.

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<th>Host Congregations</th>
<th>Support Congregations</th>
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<tr>
<td>Bellevue First Congregational UCC</td>
<td>Aldersgate United Methodist</td>
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<td>Bellevue Presbyterian</td>
<td>All Saints Episcopal</td>
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<td>Christ the King Lutheran</td>
<td>All Saints Lutheran</td>
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<td>Cross of Christ Lutheran</td>
<td>Church of Jesus Christ of LDS</td>
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<td>East Shore Unitarian</td>
<td>Bellevue</td>
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<td>Grace Lutheran</td>
<td>Church of Resurrection Episcopal</td>
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<td>Overlake Park Presbyterian</td>
<td>Holy Cross Episcopal Church</td>
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<td>Redmond United Methodist</td>
<td>Holy Cross Lutheran</td>
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<td>St. Luke’s Lutheran</td>
<td>Faith Lutheran</td>
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<td>St. Margaret’s Episcopal</td>
<td>Lake Washington United Methodist</td>
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<td>Newport Presbyterian</td>
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<td>Pilgrim Lutheran</td>
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<td>Redeemer Lutheran Church</td>
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<td>Redmond Presbyterian Church</td>
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<td>Sacred Heart Catholic</td>
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<td>St. Andrews’ Lutheran</td>
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<td>St. Katherine Orthodox Mission</td>
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<td>St. Louise Catholic</td>
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<td>St. Madeleine Sophie Catholic Church</td>
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<td>Temple B’nai Torah</td>
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### Community Support Services

- Auto Angels
- Cascade Behavioral Health
- Community Psychiatric Clinic
- Conviction Careers
- Division of Vocational Rehabilitation
- Eastgate Public Health
- Eastside Legal Assistance Program
- Evergreen Health Medical Center
- Eyedentity
- Fairfax Hospital
- Family Housing Connection
- Goodwill
- Harborview Medical Center
- HealthPoint
- Hero House
- Hopelink
- Housing Authority of Snohomish County
- International Community Health Services
- King County Housing Authority
- Landlord Liaison Program
- Lenscrafters
- Matt Talbot Center
- Medical Teams International
- Navos Mental Health Solutions
- Open Door Legal Services
- Overlake Medical Center
- Recovery Centers of King County
- Redeeming Soles
- Renton Housing Authority
- Salvation Army
- Sea Mar Community Health Centers
- Seattle Housing Authority
- Sound Mental Health
- South King County Mobile Medical Unit
- Supportive Services for Veteran Families
- Swedish Medical Center
- Therapeutic Health Services
- Union Gospel Mission
- Valley Cities
- WA Social & Health Services
- WorkSource
- YWCA Working Wardrobe

From homelessness to housing, one man at a time.
Our Community Donors

Foundations/Corporations/Government

Achievers of Shoreline Kiwanis  
Angelo Foundation  
Aven Foundation  
Bellevue Breakfast Rotary  
California Pizza Kitchen  
Capital One Matching  
Cheme Solutions, Inc.  
City of Bellevue  
City of Issaquah  
City of Kirkland

City of Redmond  
City of Sammamish  
City of Woodinville  
Diocese of Olympia  
Eastside Community Aid Thrift Shop  
Expedia Matching  
Fidelity Charitable Gift Fund  
Hopelink  
Imagine Housing  

King County  
Microsoft Matching  
Murdock Charitable Trust  
Peg and Rick Young Foundation  
Sammamish Rotary Foundation  
Seattle Foundation  
SEI Giving Fund  
United Way of King County  
Windermere Foundation

Faith Organizations

Beit Tikvah Messianic Congregation  
Bellevue Christian Church  
Bellevue Christian Reformed  
Bellevue First Congregational  
Bellevue Presbyterian Church  
Cascade Covenant Church  
Christ the King Lutheran Church  
Cross of Christ Lutheran Church  
Diocese of Olympia  

East Shore Unitarian Church  
Eastside Friends Meeting  
Faith Evangelical Lutheran  
Fall City United Methodist  
Highland Covenant Church  
Holy Cross Episcopal Church  
Holy Cross Lutheran Church  
National Christian Foundation  
Newport Presbyterian Church  
Northwest Washington Synod  

Our Lady of Sorrows  
Overlake Park Presbyterian  
Redmond Presbyterian Church  
St. Andrew’s Lutheran Church  
St. Katherine Orthodox Mission  
St. Louise Parish  
St. Luke’s Lutheran Church  
St. Margaret's Episcopal Church  
St. Thomas Episcopal Church  
Westminster Chapel

From homelessness to housing, one man at a time.
Our Sincerest Thank You to Our Generous Donors

Aggie Sweeney
Alan Ross
Albert & Nancy Erisman
Aleta Taylor
Alex O'Reilly
Alice Sax
Alison Uppendahl
Amy Walen
Andrea Liggett
Andrea Wick
Andy & Susan Bliven
Angie Wilson
Anne Highbee Owen
Anne Marie Reger
Annette Bowen
Anthony & Carole Martin
Arlene Darby
Arlene Palmerton
Audrey Harris
Audrey Winslow
Barbara Snyder
Barrett Compton
Becky Schultz
Ben Johnson
Ben Wynkoop
Berta Greenlee
Beth Donahoe
Beth Zobel
Betty Paul
Bill & Judy Courshon
Bill Hallerman
Bob & Sharon Henderson
Bob McCarty
Bob Von Tobel
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Brandon & Claudia
Mazzie Ballheim
Brenda Higley
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Brian & Leslie Buckley
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Bruce Duncan
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Gary Fast
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James Young
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Jay Jensen
Jay Shelton
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Jean Harris
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Jeffrey & Mary Beth Bert
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Jim & Kathy Long
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Joanne Brown
Joan Nelson
Joe McDermott
Joe Piper
John & Joann Congdon
John & Judy Gowdy
John DeGroot
John Hardman
John Hopkins & Irene Scheck
John Meisel
John Roos

“No one should be hungry or homeless. This is something concrete that I can do to make a difference.”

- 2014 Donor

From homelessness to housing, one man at a time.
<table>
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<th>Donor Name</th>
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<td>Lorne Rice</td>
<td>William &amp; Margaret Stewart</td>
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<td></td>
<td>William Brueggemann</td>
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2014 Individual Donors (continued)

I felt there was a great need to help those less fortunate than myself. To realize just how many homeless people we have in our areas breaks my heart.

- 2014 Donor

From homelessness to housing, one man at a time.
From homelessness to housing, one man at a time.