Our Mission

The mission of CFH is to end homelessness on the Eastside by helping men make the transition from life on the street to stable, independent living.
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Dear Friends,

On behalf of everyone at CFH, we thank you for helping us to continue serving those men who are homeless in our community. We received strong support from our donors, volunteers, United Way, Eastside Cities, and King County, as all continue to see CFH as the place to invest to help end homelessness for men on the Eastside. Thanks to support of our community members, CFH was able to provide over 63,000 bed nights in 2015.

A warm, safe, empowering environment to sleep, eat, and connect to Case Management is crucial to our mission of ending homelessness. 64% of our men who enter the Year-Round Shelter leave to permanent housing, a number that is among the highest in the County. When a man enters Housing, the CFH Case Managers continue to support his journey of moving toward independence, and with that, we continue to experience a 95% success rate of securely housed men.

In 2015, we were able to provide close to two additional months of shelter at our Eastside Winter Shelter, which enabled us to serve over 600 individuals in this program alone. We were also able to add Case Management to the Day Center and the Eastside Winter Shelter. Many men in these programs transfer to our Year Round Shelter, where they stabilize and move into our subsidized Housing program, leaving homelessness behind for good. We also celebrated opening our ninth shared-living house, which houses 10 men – our largest house yet.

This is my last letter to you as Executive Director of Congregations for the Homeless. I wrap up over ten years of service to CFH in this capacity, and hand the reins to David Bowling, who has worked to build this organization alongside me during those years. I will be moving into a new role, Managing Director of CFH Development, where I will manage the design and build of our new permanent low-barrier shelter.

Again, it is you who helps us to achieve our mission of ending homelessness on the Eastside, one man at a time.

Thank you for your faithfulness.

Sincerely,

Steve Roberts
Executive Director
## 2015 Achievements

<table>
<thead>
<tr>
<th>Category</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Meals served at the Year-Round Shelter, Winter Shelter, &amp; Day Center</td>
<td>70,514</td>
</tr>
<tr>
<td>Individuals assisted through Street Outreach</td>
<td>479</td>
</tr>
<tr>
<td>Unduplicated men served at the Day Center</td>
<td>297</td>
</tr>
<tr>
<td>Bed-Nights served at the Eastside Winter Shelter</td>
<td>16,470</td>
</tr>
<tr>
<td>Unduplicated men served at the Eastside Winter Shelter</td>
<td>627</td>
</tr>
<tr>
<td>Bed–Nights served at the Year-Round Shelter</td>
<td>11,769</td>
</tr>
<tr>
<td>Unduplicated men served at the Year-Round Shelter</td>
<td>145</td>
</tr>
<tr>
<td>Men living in Subsidized Housing</td>
<td>95</td>
</tr>
<tr>
<td>Men who moved on to permanent, stable, independent housing!</td>
<td>82</td>
</tr>
</tbody>
</table>
CFH Programs

“CFH strives to help a man be a man again – to have pride in himself.”
~ Bo, CFH Client

STREET OUTREACH
A CFH Case Manager introduces people living on the street to resources and services available to support them. This Case Manager is often the first point of contact to build relationships with individuals experiencing homelessness, and to lead them to our Winter Shelter or Day Center.

DAY CENTER
The Day Center provides a place for men to enjoy a warm meal and to access services such as showers, laundry, and computers. Here, CFH staff develop relationships further to help men start the path back to housing and stability.

WINTER SHELTER
The Eastside Winter Shelter is a life-saving, low-barrier overnight shelter that opens in November and runs through the following Spring. Here, men can have a warm meal and a safe place to sleep; CFH staff make the connections to needed resources and services. Men who visit the Winter Shelter, and who are ready to commit to moving out of homelessness, often enter into the Year-Round Shelter program.

YEAR-ROUND SHELTER
The Year-Round Shelter, which is housed in 12 Eastside Churches on a monthly rotating basis, is for men who are addressing the barriers that brought them to homelessness and are working toward employment, housing, and stability. The men in this program are provided with a safe, warm place to sleep, three meals a day, storage for their belongings, Case Management support, medical and dental services, job assistance, training to prepare for housing, connection to community, and much more.
Congregations for the Homeless offers six key programs, which work together to provide a path from life on the street to stable, independent living.

SUBSIDIZED HOUSING

CFH provides permanent housing with time-limited subsidies to our shelter residents who qualify. We offer both apartments and shared-housing in 9 managed houses, with rents set at 30% of a man’s gross income. Subsidized housing provides men with stability, a personal locked room or apartment, and a safe place to work toward independence.

CASE MANAGEMENT

Case Management is at the heart of CFH programming and is key to helping men make the transition from homelessness to independence. Our professional Case Managers provide:

- One-on-one support
- Direction in establishing viable goals
- Advocacy in obtaining necessary resources
- Connection to medical, dental, and mental health services
- Support for drug/alcohol treatment
- Job search assistance
- Budgeting and financial literacy education
- Life Skills Training
- Preparation for stable housing

“In October, I entered the CFH Year Round Shelter. Unexpectedly, I was welcomed by other residents immediately. The warmth of the sheer humanity of the whole thing surrounded me. The food was delicious. There was laughter and conversation. The loneliness shed away almost instantly. I was home.”

~ Tom, CFH Graduate
Arturo’s Story

Arturo grew up in Guadalajara, Mexico with his small family who worked the countryside farming. He jokes now that Guadalajara is “where all the good looking men come from.” At the age of 40, Arturo came to the United States and worked as a dishwasher, unfortunately, without legal documentation. In 2006, US Immigration caught up with Arturo and he lost nearly everything: his job, his apartment, and even some of his friends.

Arturo became homeless almost overnight and ended up spending over a month on the streets. When asked about his time living homeless, Arturo can only manage to say, “It was very ugly. There were a lot of ugly days.” Arturo slept in his car, in the park, and one night in a friend’s garage.

Things changed for Arturo when he heard about Congregations for the Homeless from a friend. He connected with the Year-Round Shelter Manager, Barrett Compton, who was able to get Arturo into the Shelter right away. Arturo recalls, “The assurance of having a place to sleep and eat gave me the confidence to look for work.” During his time in the Shelter, Arturo connected with a local legal advocacy group to become a legal citizen in 2007. CFH Case Managers helped Arturo with his resume and to find work, enabling him to pay off lingering medical debts. CFH was able to help Arturo get into a subsidized apartment until, with the income of two maintenance jobs, he was able to pay full rent on his own—something he accomplished in November 2015!

Arturo says he was so proud when he regained the feeling of self-sufficiency and confidence to graduate from CFH. “I’m so grateful for everything.”

When Arturo dreams of the future, he imagines going back to school and operating his own business. Thanks to CFH, the future is bright for Arturo!
Over 3,600 volunteers served CFH in 2015

The work of CFH would not be possible without the support of our dedicated volunteers. Each day, community volunteers are engaged in everything from cooking meals for the men in our shelters, to doing supply drives.

Paul Thomsen is one such volunteer.

Paul Thomsen, EWS Kitchen Ambassador

“For years, I’d been looking to help out with homelessness. Homelessness is such a visible issue as a whole. It is in my nature to observe. When you look at the world full of its crazy problems, homelessness is the craziest. We are such a rich, thriving society, yet we have such a struggling homeless population. It is just logical to help. Why does this problem even exist? It is a very human problem: real people with real problems. It seems like something should be done.”

- Paul Thomsen, EWS Kitchen Ambassador

A transplant from Canada, Paul Thomsen enjoys Washington, works as a Software Product Manager for a partner of Microsoft, and serves as Kitchen Ambassador at CFH’s Eastside Winter Shelter. Paul first heard about CFH through a social website called Nextdoor that alerted him to an opportunity to serve dinner with his neighbors at the EWS. It seemed like something he could do easily, so Paul joined. In his first night at EWS, Paul was a little nervous and didn’t know what to expect; but, his group brought in a collection of food they had prepared. The staff showed them around and helped them get organized, and the clients started showing up, grateful for the meal. Everything went really smoothly.

After his first dinner in February 2015, Paul continued to serve at the EWS once or twice a week. “It is fun, and great to see the guys. Doing it on a regular basis you start to build relationships; there is a heartfelt happiness to see each other. I remember my interactions with one guy I really relate to—he is an older gentleman, we are both grey haired, and every time we see each other we are joking about our hair; it is a silly thing but we are relating. It’s an ongoing humor.” Transitioning from Meal Donor to Kitchen Ambassador, Paul now shows other groups around the EWS, provides an extra hand, and helps things run smoothly. When asked why he continues to volunteer, Paul simply says, “The issue of homelessness is ongoing. No one can ever do enough.”
2015 Operation Statement

Revenue
($1.7 Million)*

*Based on an unaudited statement for the year ending December 31, 2015

Expense
($1.6 Million)*
The CFH Team

Staff

David Bowling, Executive Director

Eric Ballentine, Site Manager
Dave Benishek, Case Manager
Sterling Bentsen, Community Relations Liaison
Dan Buchanan, Case Manager
Kevin Burke, House Manager
Gary Burns, Site Manager
Lyndsie Butler, Director of Case Management
Barrett Compton, Shelter Program Manager
Elliot Crashaw, House Manager
Henry DelleChiaie, Day Center Manager
Robert Gidley, IT Specialist
Emilio Guevara, House Manager
Dwight Jackson, Director of Shelter Services

Katherine Jordan, Director of Advancement
Jennifer Kirk, Case Manager and Director of SVWS
Matt Landis, Case Manager
Annette Lawson, Human Resources
Tom Miles, Lead Outreach Case Manager
Michael Moberly, House Manager
Sally Moore, Accountant
Jerry Ringer, Associate Director of Housing
Steve Roberts, Director of CFH Development
Claire Tadych, Advancement Associate
Josh Terlouw, Director of Housing
Jamie Triggs, Office Manager
Elias Valdez, House Manager

Board Members

Lucy Brand, Chair
Nadine Bentsen, Secretary
Bill Hallerman Member
Chuck Kimbrough, Member

Pat McDermott, Vice-Chair
Judy Courshon, Treasurer
Mike Kattermann, Member
Each month, our Year-Round Shelter is generously housed by one of 12 Host Congregations. Supporting Congregations assist by organizing volunteers and providing daily meals for the men each month.

### Host Congregations
- Bellevue First Congregational
- Bellevue Presbyterian
- Christ the King Lutheran
- Cross of Christ Lutheran
- East Shore Unitarian
- Grace Lutheran
- Overlake Park Presbyterian
- Redmond United Methodist
- St. Luke’s Lutheran
- St. Margaret’s Episcopal
- St. Thomas Episcopal Church
- Westminster Chapel

### Support Congregations
- Aldersgate United Methodist
- All Saints Episcopal
- All Saints Lutheran
- Church of Jesus Christ of LDS, Bellevue
- Church of Resurrection Episcopal
- Holy Cross Episcopal Church
- Holy Cross Lutheran
- Faith Lutheran
- Lake Washington United Methodist
- Newport Presbyterian
- Pilgrim Lutheran
- Redeemer Lutheran Church
- Redmond Presbyterian Church
- Sacred Heart Catholic
- St. Andrews’ Lutheran
- St. Katherine Orthodox Mission
- St. Louise Catholic Church
- St. Madeleine Sophie Catholic Church
- Temple B’nai Torah

### Community Support Services
- Auto Angels
- Cascade Behavioral Health
- Community Psychiatric Clinic
- Conviction Careers
- Division of Vocational Rehabilitation
- Eastgate Public Health
- Eastside Legal Assistance Program
- Evergreen Health Medical Center
- Eyedentity
- Fairfax Hospital
- Family Housing Connection
- Goodwill
- Harborview Medical Center
- HealthPoint
- Hero House
- Hopelink
- Housing Authority of Snohomish County
- International Community Health Services
- King County Housing Authority
- Landlord Liaison Program
- Lenscrafters
- Matt Talbot Center
- Medical Teams International
- Navos Mental Health Solutions
- Open Door Legal Services
- Overlake Medical Center
- Recovery Centers of King County
- Redeeming Soles
- Renton Housing Authority
- Salvation Army
- Sea Mar Community Health Centers
- Seattle Housing Authority
- Sound Mental Health
- South King County Mobile Medical Unit
- Supportive Services for Veteran Families
- Swedish Medical Center
- Therapeutic Health Services
- TRAC Associates
- Union Gospel Mission
- Valley Cities
- WA Social & Health Services
- WorkSource
- Your City Sports
- YWCA Working Wardrobe

From homelessness to housing, one man at a time.
Our Sincerest Gratitude to Our Generous Donors!

Foundations/Corporations/Government

Achievers of Shoreline Kiwanis
Angelo Foundation
ARCH
Banner Bank
Bellevue Bank
Bellevue Rotary Foundation
Bombas
Capital One Matching
City of Bellevue
City of Issaquah
City of Kirkland
City of Redmond
City of Sammamish
City of Woodinville
Comfort Socks
Costco Wholesale
Dell Employee Engagement Fund
Diocese of Olympia
Eastlake Asphalt Paving
Eastside Community Aid Thrift Shop
Expedia
Fahey & Skitfenes Charitable Fund
Fidelity Charitable Gift Fund
Girl Scouts Troop Number 41566
Go Impact Strength
Holy Family Parish
Hopelink
Kawabe Memorial Fund
King County
Looking Out Foundation
MacDonald-Miller Facility Solutions
Medina Foundation
Michael’s Toyota of Bellevue
Microsoft
Mocassin Lake Foundation
Murdock Charitable Trust
Network for Good
Newport Presbyterian Women
Norcliffe Foundation
Peg and Rick Young Foundation
Raphael Family Living Trust
Sammamish Rotary Foundation
Seattle Foundation
Symetra
Bank of America Charitable Foundation
TRUEretirement
Tully’s Coffee
Umpqua Bank
United Way of King County
Washington Women’s Foundation
Windermere Foundation

Faith Organizations

Bellevue Christian Reformed Church
Bellevue Presbyterian Church
Cascade Covenant Church
Cross of Christ Lutheran Church
Diocese of Olympia
East Shore Unitarian Church
Eastside Friends Meeting
Episcopal Church of the Resurrection
Faith Evangelical Lutheran Church
First Congregational Church
Holy Cross Lutheran Church
Holy Family Parish
Newport Presbyterian Church
Northwest Washington Synod
Sacred Heart Church
Sammamish Hills Lutheran Church
Snoqualmie United Methodist Church
St. Andrew’s Lutheran Church
St. Katherine Orthodox Mission Church
St. Louise Catholic Church
St. Margaret’s Episcopal Church
St. Thomas Episcopal Church

“As one of the founding congregations, our partnership in ministry with CFH has been life-giving for the people of Saint Thomas over the years. CFH, and the men whom it serves, has been and continues to be a priceless gift to our community.”

~ The Rev Lex Breckinridge, Rector
St Thomas Episcopal Church
2015 Individual Donors

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Kyle Potuzak

“I always know that the money I contribute to CFH is making the biggest impact it can for men in my community.”
~ Cheryl, Donor
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“CFH knew how to care for my son when he was homeless in a way that I didn’t; now his life is completely different. That is why I give to CFH”
~ Dan, Donor

From homelessness to housing, one man at a time.
From homelessness to housing, one man at a time